

Therapeutic Relaxation—April 25, 2010 - Woodmere, NY

Select your profession: OT COTA PT PTA

SLP Educator Other _____

Provide information as requested for each person attending

Name: _____

Company/Organization: _____

Credentials (this will be on certificate) : _____

Home Address: _____

City/State/Zip: _____

Email: _____

School/Facility: _____

Daytime Phone: _____

Fax: _____

Which do you prefer for confirmation? email fax

I would like to receive email notifications of future seminars

PAYMENT METHOD

Check (make payable to: Onsite Professional Learning)

Credit card Type of card: VISA MASTERCARD

Card Number: _____ 3 digit code on back: _____

Expiration: _____ Billing Zip Code: _____

Signature: _____

Name on Card: _____

REGISTER ON-LINE AT: www.oplearning.com

Return with payment to: OPL, 3300 Washtenaw Ave., Ste. 220,

Ann Arbor, MI 48104 OR Fax registrations to: 734.677.2407

Payment or purchase orders must be included to process your registration. Federal Tax ID 27-0131149

REGISTRATION FEES

	Early Registration (by April 16)	Standard Fee
<input type="checkbox"/> Professionals	\$180.00	\$195.00
<input type="checkbox"/> Group Discount*	\$150.00	\$165.00
<input type="checkbox"/> HASC Employees	\$120.00	

*5 or more registering at the same time.

REGISTRATION QUESTIONS? Call OPL at 734-353-4752

CONTINUED EDUCATION

Certificate of attendance will be issued to all participants at the completion of the course. Participants are required to attend the entire program and complete a seminar evaluation. Amended certificates will be issued if you are unable to attend the entire program.

6.0 Hours



The NY State Speech-Language-Hearing Association is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 0.6 ASHA CEUs (Intermediate level, Professional area).

Physical Therapists: CE Approval is pending from the NY Physical Therapy Assoc.

Occupational Therapists: OPL is approved by the AOTA to provide continuing education. This seminar is offered for .6 CEU's. AOTA CE Provider approval does not imply endorsement of course content, specific products, or clinical procedures by AOTA.



APPROVED PROVIDER of CONTINUING EDUCATION by The American Occupational Therapy Association, Inc.

Other Professions: The seminar meets the requirements for 6 contact hours of continuing education as required by many state and national organizations. An OPL representative will be available to provide further information. Maintain your certificate of attendance for your records.



HASC
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Executive Office:

5902 14th Avenue, Brooklyn, NY 11219 Phone: 718-686-5900

Boro Park Preschool:

1311 55th Street, Brooklyn, NY 11219 Phone: 718-851-6100

Boro Park School Age Program:

6220 14th Avenue, Brooklyn, NY 11219 Phone: 718-331-1624

Remsen Preschool & School Age Program:

555 Remsen Avenue, Brooklyn, NY 11236 Phone: 718-495-3510

Woodmere Preschool & School Age Program: 3

321 Woodmere Blvd. Woodmere, NY 11598 Phone: 516-295-1340

Monsey Preschool Program:

46 Grandview Ave, Spring Valley, NY 10977 Phone: 845-356-0191

Camp HASC:

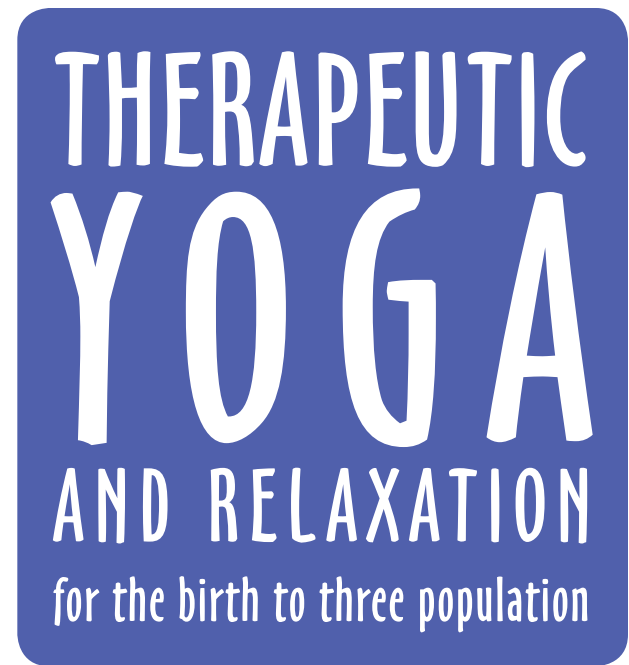
361 Parkville Rd., Parkville Rd. 12768 Phone: 845-292-6821



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Onsite Professional Learning, LLC
3300 Washtenaw Ave., Ste. 220
Ann Arbor, MI 48104

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PRESENTERS:

- ▶ Mary Gengler Fuhr, OTR/L, RYT, CEIM
- ▶ Brenda Bakke, MEd, PT, RYT

DATE: April 25, 2010

LOCATION:

HASC - Woodmere
321 Woodmere Boulevard
Woodmere, NY 11598



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DATES AND LOCATION

Sunday – April 25, 2010, Woodmere, NY

HASC- Woodmere
321 Woodmere Boulevard
Woodmere, NY 11598
718-686-5901

Parking: Parking on premises as well as curbside parking available.

Course Hours: Registration 8:00 am - 8:30 am. Program starts at 8:30 am and ends at 3:30 pm.

Registration Includes:

- Continental Breakfast and Light Lunch
- Course Handout
- Certificate of Attendance and CE approvals

Registration Fees:

Payment or purchase orders must be included to process your registration. Group discounts must be completed at the same time with total payment attached.

	Early Registration (by April 16)	Standard Fee
Professionals	\$180.00	\$195.00
Group Discount*	\$150.00	\$165.00
HASC Employees	\$120.00	

(*5 or more registering at the same time)

Confirmations/Cancellations: Confirmations are sent via fax or email within 5 business days, depending on your preference. Written cancellation notification must be received no later than 2 weeks prior to the event, less a \$25.00 administrative fee. Substitute attendees are welcome at anytime. In the unlikely event that this program must be cancelled, you will be notified immediately and a credit will be issued toward a rescheduled seminar, or the entire submitted registration fee will be refunded without further liability on the part of the organizer. Please understand, that if you do not attend, you are still liable for full payment.

Accommodations for persons with disabilities: If you require ADA accommodations, please contact OPL at least 1 week prior to the seminar date so that arrangements can be made.

REGISTRATION QUESTIONS? Call OPL at 734-353-4752

COURSE DESCRIPTION

This hands-on workshop will provide an overview of the benefits of movement and touch for the young child with special needs. Yoga helps children develop motor skills, improve sleep, digestion and circulation. In addition, Yoga teaches young children how to calm, release tension and will improve parent child bond. An emphasis will be given to the therapeutic benefits of Yoga methods and techniques for the birth – three population. Pediatric massage/touch relaxation enhances the caregiver and child relationship; increases parental confidence; deepens respiration; improves circulation and elimination; and promotes self regulation. This course will discuss neurological and behavioral conditions and provide appropriate modifications.

COURSE OBJECTIVES:

At the completion of this workshop, the participant should be able to:

1. Identify the benefits of yoga and touch relaxation for infants and young children.
2. Review research supporting the use of massage and yoga for a variety of health issues.
3. Discuss the understanding of general precautions and medical considerations involved in massage and yoga for children with special needs.
4. Identify specific asanas or postures to be used with infants and young children.
5. Perform breathing and relaxation techniques to be used with infants and young children.
6. Learn the “hands-on” skill of touch relaxation for infants and young children

TARGET AUDIENCE

Occupational Therapists, Certified Occupational Therapy Assistants, Physical Therapists, Physical Therapist Assistants, Education professionals and paraprofessional, and Speech Language Pathologists.

PRESENTERS

Therapeutic Yoga and Relaxation for the Birth to Three Population

Mary Gengler Fuhr, OTR/L, RYT, CEIM

has been a Pediatric Occupational Therapist for over 25 years. Her experience includes serving children, families, and educators at birth to three centers, private clinics, and in the public schools. She has extensive training in Neurodevelopmental Treatment (NDT) and Sensory Integration (SI) assessment and treatment.

Mary is a Certified Educator of Infant Massage and a Registered Yoga Teacher. She is co-author of the book and video, *Pediatric Massage for the Child with Special Needs*. Mary has presented workshops throughout the US and Canada. She currently is in private practice in Covington, WA.

Brenda Bakke, MEd, PT, RYT

has practiced pediatric physical therapy for over 25 years. She is a Certified Children’s Yoga Therapist who has trained with Sonia Sumar, creator of Yoga for the Special Child. Brenda is a registered adult yoga teacher through the Yoga Alliance and completed her 200 hour Hatha Yoga Training through the White Lotus Foundation. Brenda has successfully integrated yoga into her physical therapy with children and adults for the past ten years.

Brenda has worked with a variety of clients – ages birth to adult. She has her Master’s degree in education, is NDT certified, and has completed the baby NDT course. Brenda works part time in a school district and treats clients in her private practice – Bakke Physical Therapy Services.